

WORKSHOPS

- ⇒ There will be five Workshops, one on each of the Barriers that have been identified.
- ⇒ Each Workshop will be run twice (once in the morning and once in the afternoon) allowing delegates to attend two different ones
- ⇒ During the first half of each Workshop there will be an opportunity for people with learning disabilities **only** to talk about their experiences of that particular Barrier and the second half will be for all participants to talk about ways of knocking down that Barrier for good.
- ⇒ It is important, when filling in your Booking Form, that you let us know which Workshop you want to attend in the morning and which one in the afternoon - and also to give a 2nd and 3rd choice in case your 1st choice is full.

Please give below your choice of Workshop (*in order of preference*).

MORNING		
Workshop 1	'The way people think about us and treat us'	
Workshop 2	' We don't have many people that we can turn to for help and friendship'	
Workshop 3	'We don't feel important or in control of our lives'	
Workshop 4	'Few of us have jobs so we don't have the money to do the things we'd like to do'	
Workshop 5	'Our health problems are too often ignored and we don't get the best service'	

AFTERNOON		
Workshop 1	'The way people think about us and treat us'	
Workshop 2	' We don't have many people that we can turn to for help and friendship'	
Workshop 3	'We don't feel important or in control of our lives'	
Workshop 4	'Few of us have jobs so we don't have the money to do the things we'd like to do'	
Workshop 5	'Our health problems are too often ignored and we don't get the best service'	

Please return completed Booking Form to: HCCF, Highland House, 20 Longman Road, Inverness IV1 1RY **NO LATER THAN FRIDAY 20TH SEPTEMBER 2002.**
PLACES WILL BE ALLOCATED ON A 'FIRST COME, FIRST SERVED' BASIS.
(Confirmation of your booking will be sent to you as soon as possible thereafter).